**THE BRITISH**



**Serves 60 million**

Take some Picts, Celts and Silures

And let them settle,

Then overrun them with Roman conquerors.

Remove the Romans after approximately 400 years

Add lots of Norman French to some

Angles, Saxons, Jutes and Vikings, then stir vigorously.

Mix some hot Chileans, cool Jamaicans, Dominicans,

Trinidadians and Bajans with some Ethiopians, Chinese,

Vietnamese and Sudanese.

Then take a blend of Somalians, Sri Lankans, Nigerians

Poet Benjamin Zephaniah

And Pakistanis,

Combine with some Guyanese

And Turn up the heat.

Sprinkle some Fresh Indians, Malaysians, Bosnians,

Iraqis and Bangladeshis together with some

Afghans, Spanish, Turkish, Kurdish, Japanese

And Palestinians

Then add to the Melting Pot.

Leave the ingredients to simmer.

As they mix and blend allow their languages to flourish

Binding them together with English.

Allow time to be cool.

Add some unity, understanding and respect for the future,

Serve with justice

And enjoy.

Note : All the ingredients are equally important. Treating

One ingredient better thatn another will leave a bitter

Unpleasant taste.

Warning : An unequal spread of justice will damage the

People and cause pain. Give justice and equality to all.

« The Art of Cooking », by Benjamin Zephaniah,

Wicked World (2000)